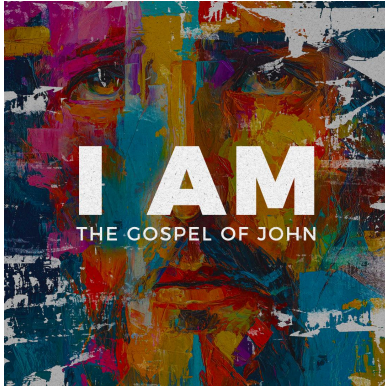


Title: To Whom Shall We Go?

Series: I Am

Speaker: Kevin Sneed

Date: August 2, 2026



Key Texts: John 6:60-71, John 17:3

Introduction

Jesus invites His disciples to consider whether they will trust Him and stay with Him. Though we may not always fully understand Jesus and His teachings, we can learn to trust the person behind the teaching. Rather than making Christ in our own image and desiring for His teachings to align with the lives we want to construct for ourselves, we invite Jesus to mend us, transform us, and conform us more to His image. Ultimately, Jesus reveals that we can trust Him as the One who does not teach abstractly, but who entered the story and gave His very life for us - a God who has suffered and bled, and who can empathize with us.

Icebreaker

Are you a quick-to-trust or slow-to-trust person? What is something that helps you build trust with others?

Discussion Questions

1. Read **John 6:60-71** and **John 17:3** aloud. How does this passage and this Sunday's sermon shape or expand your understanding of eternal life? What do you think it means for eternal life to be both a quantity of life and quality of life?
2. Re-read **John 6:60-65**. What stands out to you about the interaction between Jesus and His disciples here? What do we learn about Jesus, and about the Holy Spirit?
3. Kevin mentioned that if Jesus' teachings never offend or challenge us, we may be constructing a view of God and truth that serves our own purposes and makes Christ in our own image, rather than conforming us to His. Where in our culture today might we be tempted to make Christ in our own image? Has there been a time when God's word challenged something you believe or convicted you to live differently?

4. Kevin used the story of his daughter questioning him about using coffee in a chocolate cake to depict the way we can sometimes struggle to understand what God is doing. Coffee, though bitter on its own, contributed to a cake that was better than his daughter could have imagined, and she needed to trust Kevin. She needed to trust what she knew of him and trust his wisdom and experience. Similarly, Jesus invites us to trust, even when we are uncertain, that what He has to offer is more beautiful than we can imagine. How does this illustration stretch your understanding of what it means to trust Jesus? What might make trusting Jesus challenging?
5. Revisit **John 6:66-69**. To believe and know is different from mental assent about a particular doctrine or set of statements. The call to believe and to know is an invitation to personally experience God and to entrust ourselves to Him. What are some things that you have experienced about God that help you build your trust in Him? How has Christ revealed His character and care for you?
6. Think of an area in your life right now where you are experiencing uncertainty, and where God is inviting you to trust Him. What is one small way you can connect with and experience Him this week - perhaps through spending time immersing yourself in the gospels as a way of reminding yourself of His character, or through spending time communing with Him in prayer? How can our group be praying for you this week?

Key Takeaways

- Eternal life is something we are all seeking. Jesus' offer of eternal life is not just about the quantity of life, but about the quality of life we can have through knowing Him.
- Jesus invites us to trust Him (to trust the person behind the teaching) and trust that what He has to offer is more beautiful than we can imagine.
- To know God means that we come to personally experience and know that He is God. To believe in Him means that we entrust our very lives to Him.
- Jesus has given his very life for us. He is the one who takes, blesses, breaks, and gives. He takes our brokenness, blesses us as His beloved, breaks that in us which doesn't adhere to that belovedness, and breaks Himself to provide for our healing and give us new life with Him.

Renewing the Mind - Scripture Practice

Kevin reminded us that trust isn't built in the abstract; it's built by getting to know someone. This week, spend some time each day reading through one of the gospels - Matthew, Mark, Luke, or John. Invite God to reveal more of His character to you as you immerse yourself in Scripture. Pray that you would more clearly see who Jesus is, so that you might trust Him and stay with Him, even in the moments you don't fully understand.