



Open-Handedness Habit Builder

Name:	Focus Area (Time, Talents, or Treasures):
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How might the Holy Spirit be inviting me to be more open-handed with this area?

My SMART Goal for this Habit of Open-Handedness (Specific, Measurable, Attainable, Realistic, Tangible):

What is the benefit of creating this habit? How will this habit enable me to specifically bless others?

Possible Barriers to Overcome	Possible Solutions to Explore
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Specific Action Steps I Will Take	Target Date	Date Reviewed	Date Completed

Who will I invite to hold me accountable? What are specific ways that they can hold me accountable?

What cues (or visual reminders) will I set in place in order to keep this habit in front of me? Where will I put them?

Scriptural Truths to Lean On:

Does this SMART goal / habit support my values in this area of life? How will I know if this habit is growing me in Christlikeness?