



O P E N - H A N D E D N E S S

Open-Handedness Assessment

Discovering Your Growth Edge

Purpose: This assessment helps you identify where you may have the greatest opportunity to grow in open-handedness—stewarding your time, talents, and treasures as channels through which God's abundance flows to others.

Instructions:

- Read each scenario or statement carefully
- Respond honestly based on how you actually tend to respond, not how you wish you responded
- Try to avoid selecting "3/Neutral" unless a question truly doesn't apply to your life situation. Push yourself toward honesty about your actual tendencies—even slight leanings are worth acknowledging.
- Use the following scale:

1 = Strongly Disagree / Never like me

2 = Disagree / Rarely like me

3 = Neutral/Unsure / Sometimes like me

4 = Agree / Often like me

5 = Strongly Agree / Always like me

Assessment Questions

1. A friend mentions they're organizing something and could use help. Your first thought is to wait and see if they directly ask you.	
2. You're invited to join a group or team. Before responding, you mentally calculate what you'd have to give up or rearrange.	
3. Someone compliments something you're good at. You deflect or downplay it rather than acknowledging it.	
4. When making plans for your weekend, you prioritize what you want to do over what you feel you should do.	
5. You see a genuine need in your community. Your mind immediately goes to the obstacles or complications of getting involved.	
6. An opportunity arises that sounds interesting but unfamiliar. You're more likely to observe how others respond to it first.	
7. When you have unscheduled time in your day, your first instinct is to fill it with your own preferences rather than consider how it might serve others.	
8. Someone asks for advice in an area where you have experience. You hesitate because you don't feel expert enough.	
9. When you commit to something, you often feel a sense of loss about what you're trading away.	
10. You tend to compare what you have or what you're asked to do with what others have or are doing.	

1 = Strongly Disagree / Never Like Me 2 = Disagree / Rarely Like Me 3 = Neutral / Unsure
 4 = Agree / Often Like Me 5 = Strongly Agree / Always Like Me

11. Your daily routines are important to you. Disruptions—even for good reasons—leave you feeling off-balance.	
12. You're more comfortable being helpful behind the scenes than in visible or leadership roles.	
13. When considering a significant decision, you find yourself thinking "What if this doesn't work out?"	
14. You prefer commitments that have clear end dates rather than open-ended ones.	
15. Someone shares an opportunity to serve that would stretch you. You think more about what could go wrong than what good could happen.	
16. You notice you're most generous when it doesn't require much adjustment to your normal life.	
17. You keep certain parts of your life compartmentalized—some areas feel "off limits" to requests or needs.	
18. You're asked to do something you've never done before. Your immediate response is to suggest someone more qualified.	
19. Even when you have capacity in your schedule, you're reluctant to offer that availability to meet emerging needs.	
20. You find yourself saying "I can't" when the more honest answer might be "I don't want to."	
21. You have a strong sense of what's "fair" for you to contribute compared to others.	

1 = Strongly Disagree / Never Like Me 2 = Disagree / Rarely Like Me 3 = Neutral / Unsure
 4 = Agree / Often Like Me 5 = Strongly Agree / Always Like Me

22. Someone needs help with something urgent but unplanned. You feel irritated even if you want to help.	
23. You avoid situations where you might be put on the spot or asked to contribute publicly.	
24. Before agreeing to something, you need to know exactly what will be required of you.	
25. You think of what you have—whether abilities, resources, or availability—as something you've worked hard to build and deserve to enjoy.	
26. When someone is passionate about a cause or need, you feel distant or skeptical rather than moved to act.	
27. You rationalize your current choices by thinking "I'll be more available when [condition is met]."	
28. You prefer opportunities where you can control the level and type of involvement.	
29. When you imagine being more generous or available, your dominant feeling is anxiety rather than excitement.	
30. You catch yourself protecting what's yours—whether time, abilities, or resources—more than offering them.	

1 = Strongly Disagree / Never Like Me 2 = Disagree / Rarely Like Me 3 = Neutral / Unsure
 4 = Agree / Often Like Me 5 = Strongly Agree / Always Like Me