**BETTER: Lesson 22**  CPC Women’s Bible Study

I. Train for my Race Hebrews 12:4-11

II. Race as a Team Hebrews 12:12-17

III. Visualize the Finish Line Hebrews 12:18-29

**Truth #1**: God’s discipline is transforming me into the disciple that I long to be.

**Truth #2**: When I live as God commands, I clear my path of unnecessary obstacles and set my team’s course for eternal glory.

**Truth #3**: Trusting in Jesus means my life’s race ends in eternal glory, where joy reigns and sorrow is no longer.