



June 9, 2024
Kevin Sneed
Exodus 3:1-15

“The grace of God given to us is greater than the shame we carry with us.”

1. Kevin stated to help us better understand what breeds shame. Consider our shame living in the space between, *“Who we think we ought to be and what we really are.”* Why does shame have the power to trigger all different kinds of destructive thoughts and behaviors?
2. Read verses 1-4. Why do you think it was important for Moses to assume the role of a shepherd? How do you think that helped him discover who he is?
3. Read verses 5-6. Why do you think Moses hid his face when God revealed Himself as “Elohim”?
4. Read verses 7-10. It says, “God hears the cry of the oppressed.” What do you think it meant to the Hebrews then and what does it mean to you now to know that God hears your cries?
5. Read verses 11-12. Why do you think God didn’t answer Moses’ question, “Who am I?” and said instead, “I will be with you.”?
6. Read verses 13-14. Do you resonate with the question, “Who am I that someone would love me?” Why is it significant that God, the great “I Am” knows Moses’ name and knows your name?
7. In verse 15, God refers to Himself as the LORD. The Hebrew word is *“Yawehh”* and it’s a personal name that invites intimacy. Even as we struggle with our sin

and shame as Moses did, what does it mean for us to know that God knows our name, desires intimacy with us, and chooses to let us know Him?

8. Kevin concludes with these two truths.

A. Shame distorts who you believe you are.

B. Shame distorts who you believe God is.

Discuss them as a group. How does God's grace and truth heal us from our shame?

Take the challenge to name the lies you have believed about who you are and who God is.

Conclude with prayers declaring truth about who you are in Christ and truth about who God is.