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Dan Reid

Exodus 5, 6:1-12

God cares about our discouraged hearts and offers us timeless truths to apply when we are deeply discouraged.

1. Have you ever experienced a situation that went from bad to worse? How did you respond?
2. Summarize how things went from bad to worse for Moses in Exodus chapter 5.
3. How can we reconcile the idea of a loving God with the reality of our own discouragement and suffering?
4. What does it mean to you that God sees us as His people, especially in times of discouragement?
5. How can we practice turning to God first when faced with discouragement, as Moses did? What can we learn about Moses and God by what we see in Exodus 5: 22-23 and 6:1?
6. Dan raised these two questions in his sermon. “When faced with discouragement, could our biggest problem be that we have forgotten who God is?” “When faced with discouragement, do we find ourselves too impressed with pharaoh and not impressed enough with God?” How would you answer these two questions?
7. In what ways can we remind ourselves of God's character and promises when we feel overwhelmed?

8. How can the "I am" and "I will" statements from Exodus 6:6-8 encourage us today?
9. What steps can we take to fix our eyes on Jesus when everything around us seems to be falling apart?

Take Home Exercise

This week, let's each identify one area of our lives where we feel discouraged. Commit to bringing this situation before God daily, asking Him to help us see it through the lens of His promises and character. Let's also share this area with a trusted friend or group member for prayer and support.