



Scripture - Family One-Sheet

What is scripture?

Scripture is the inspired library of writings, known to us as the Bible, that tell one unified story, leading to Jesus.

Why is scripture important?

Engaging with scripture helps us find our place in God's big story and in the family of God. Scripture reminds us who God is and who we are. Scripture helps us to know and connect with God and deepen our relationship with Him. As we read scripture, we invite God to fill our minds and transform our lives with what is good and true. 2 Timothy 3:16-17 tells us this about the role of scripture: *"God has breathed life into all Scripture. It is useful for teaching us what is true. It is useful for correcting our mistakes. It is useful for making our lives whole again. It is useful for training us to do what is right. By using Scripture, the servant of God can be completely prepared to do every good thing."*

Where do I start?

Start by spending some time (10-15 minutes or so) in scripture every day! Think about when and where you can give God your best time and your full attention, and try to stick with the same time and place each day. This might look different for each person (i.e. early mornings, at lunch time, right after school, before bed), and that is okay. Start each time with prayer, asking God to help you hear him and learn from him as you spend time with him in scripture.

What do I read?

When it comes to what and how much to read, start small, and add from there! This might look like a chapter or two, or even just a few verses! You may find it helpful to use a reading plan (see some suggestions on the back of this page) when deciding what to read. You might also consider reading a Psalm or even slowly going through one of the four gospel accounts (Matthew, Mark, Luke, John). Don't worry about being "good" at this or about understanding and remembering every single thing you read - focus on being open to what God wants to show you about himself in his Word.

Keep in mind...

- You will probably have different questions that come up as you explore scripture. Keep in mind that it is possible to study the Bible for your whole life and still have questions! Write down any questions or confusing thoughts that come to mind as you read in a journal or notebook, instead of judging them or pushing them away.
- Consider how you, as a family, can be a safe space for each other to ask and explore questions about scripture together.
- If reading feels challenging for you, or you struggle with staying focused, consider listening to scripture being read aloud (on the YouVersion Bible App).

Additional Ideas and Resources for Practice

Kids

- ABC's of the Bible (help younger preschoolers connect God's stories to his timeline)
- God's Big Story/Timeline (an image to help kids see God's story and timeline)
- Books of the Bible Printouts (helps kids ages preschool-5th grade connect and learn the books of the Bible and their connection to God's/Jesus story)
- Create a dance, song, or movement to help kids connect and memorize scripture

Students

- YouVersion Bible App - A place for students and families to read scripture and participate in various Bible plans
- CPC Students Life Group Reading Plan - An opportunity to join along in our reading plan that aligns with our Life Group study. This is a great way to also focus on selected key verses.
- SOAP Method - A Bible study tool to help students study and apply scripture (Scripture, Observation, Application, Prayer)
- One Thought Method - A process used to help students read scripture, select one key thought, and turn it into a prayer
- Student Bible - While we encourage students to read scripture in a translation that best helps them engage in God's word, you may find an NIV "Student Bible" a useful resource in helping understand and navigate the text.

Family

- Scripture Through the Phases (Orange)
- Have a monthly scripture to memorize as a family
- Play Bible scripture games (pictionary, sword drills, relay races)
- Have a family devotional time (meals, bedtime, drive time)
- Make sure everyone in the family has an age-appropriate Bible
 - CPC Kids use the NIRV in services
 - CPC Students use the NIV Student Bible in services and life groups